



Boston's Age Strong Commission's OCTOBER 2026 MONTHLY "TO-DO"

Free events, classes & programs for Boston's older adults

Welcome to October's monthly "To-Do," a city-wide sampling of free events & programs for Boston's older adults age 60+.

Sign up to have the "To-Do" emailed directly to your email inbox or view it, *Boston Seniority* magazine online at: boston.gov/departments/age-strong-commission/connect-us.

See page 12 for more programming from City departments & our partners.

AGE+

City of Boston
Age Strong Commission

Boston City Hall, Room 271
1 City Hall Square, Boston, MA 02201
617-635-4366 agestrong@boston.gov
boston.gov/age-strong



@AGESTRONGBOS

BLACK TEXT

****Age Strong Virtual Events Link:**
bit.ly/ZoomAgeStrongVirtual
***Program in both English/Spanish**

BLUE TEXT

**Jamaica Plain - Roslindale -
West Roxbury**

GREEN TEXT

**Dorchester - Mission Hill -
Roxbury - South Boston/Seaport**

ORANGE TEXT

Hyde Park - Mattapan

PINK TEXT

Charlestown - East Boston

PURPLE TEXT

**Allston/Brighton - Fenway -
Kenmore**

RED TEXT

**Chinatown - Downtown - Back Bay
North End - South End - West End**

THURSDAY, OCTOBER 1

10:30AM-12:30PM

Senior Quilting Group - In Person

BPL Codman Square
690 Washington Street, Dorchester
(617) 436-8214
Click [here](#) for more information.
This event repeats weekly.

2:30-5:30PM

Chess and Checkers with Charlie - In Person

BPL Hyde Park
35 Harvard Ave, Hyde Park
(617) 361-2524
Click [here](#) for more information.
This event repeats weekly.

6-7:30PM

Mah Jongg Meetup - In Person

BPL Charlestown
179 Main St, Charlestown
(617) 242-1248
Click [here](#) for more information.

6-7:30PM

The Art of Creative Disruption - In Person

BPL Central Library
700 Boylston St, Back Bay
(617) 536-5400
Click [here](#) to register.

FRIDAY, OCTOBER 2

9AM-5PM

Digital Literacy Workshop - In Person

Center for Working Families
7 Palmer St, Roxbury
(972) 571-9369
Click [here](#) to register.

9:30-10:30AM

ESOL Conversation Club - In Person

BPL Lower Mills
27 Richmond Street, Dorchester
(617) 298-7841
Click [here](#) for more information.
This event repeats weekly.

10-11AM

Chair Yoga Class - In Person

BPL North End
25 Parmenter St, North End
(617) 227-8135
Click [here](#) for more information.
This event repeats weekly..

11AM-12PM

Book Café - In Person

BPL West Roxbury
1961 Centre St, West Roxbury
(617) 325-3147
Click [here](#) for more information.

SATURDAY, OCTOBER 3

9:30AM-10:30AM

Morning Yoga Flow with Juliana Berfield - In Person

BPL Honan-Allston
300 North Harvard Street, Allston
(617) 787-6313
Click [here](#) for more information.

10AM-4PM

City-Wide Friends Book Sale- In Person

BPL Central Library
700 Boylston St, Back Bay
(617) 859-2341
Click [here](#) for more information.

11AM-6PM

SpicetoberFest - In Person

Boston City Hall
1 City Hall Square, Boston
arts@boston.gov
Click [here](#) for more information.

2-3:30PM

**DIY Body Scrubs - Fall Edition -
In Person**

BPL Grove Hall
41 Geneva Ave, Dorchester
(617) 427-3337
Click [here](#) to register.

SUNDAY, OCTOBER 4

MONDAY, OCTOBER 5

11AM-12PM

**Gentle Yoga with Marianne Zullas
- In Person**

BPL Charlestown
179 Main St, Charlestown
(617) 242-1248
Click [here](#) to register.
This event repeats weekly.

5-7PM

**Write Your Memoir with Kim
Kerrigan - In Person**

BPL Codman Square
690 Washington Street, Dorchester
(617) 436-8214
Click [here](#) to register.

6-7PM

Salsa at Connolly - In Person

BPL Connolly
433 Centre St, Jamaica Plain
(617) 522-1960
Click [here](#) for more information.

6:30-7:30PM

**Peer-Led Mandarin Conversation
Circle - In Person**

BPL Chinatown
2 Boylston St, Chinatown
(617) 859-2446
Click [here](#) for more information.

TUESDAY, OCTOBER 6

11AM-12PM

**Origami Club at the West End
Library - In Person**

BPL West End
151 Cambridge St, West End
(617) 523-3957
Click [here](#) for more information.
This event repeats weekly.

4:30-5:30PM

**A Community Meditation Circle - In
Person**

BPL Jamaica Plain
30 South St, Jamaica Plain
(617) 524-2053
Click [here](#) for more information.
This event repeats weekly.

6-7:30PM

**Mattapan Monthly Open Mic - In
Person**

BPL Mattapan
1350 Blue Hill Ave, Mattapan
(617) 298-9218
Click [here](#) for more information.

6:30-7:30PM

**Historical Fencing with Boston
Armizare - In Person**

BPL Brighton
40 Academy Hill Rd, Brighton
(617) 782-6032
Click [here](#) for more information.

WEDNESDAY, OCTOBER 7

11AM-12:30PM

Writing Group - In Person

BPL Faneuil
419 Faneuil St, Brighton
(617) 782-6705
Click [here](#) for more information.

5:30-7:30PM

Knitting & Crafts Circle - In Person

BPL Adams Street

690 Adams St, Dorchester

(617) 436-6900

Click [here](#) for more information.

This event repeats weekly.

5:30-7:30PM

Small Talk That Pays Big Dividends - In Person

BPL North End

25 Parmenter St, North End

(617) 227-8135

Click [here](#) for more information.

6-7:30PM

Hidden History of Black Boston with Joel Mackall - In Person

BPL Honan-Allston

300 North Harvard Street, Allston

(617) 787-6313

Click [here](#) for more information.

THURSDAY, OCTOBER 8

10:30-12:30PM

Senior Quilting Group - In Person

BPL Codman Square

690 Washington Street, Dorchester

(617) 436-8214

Click [here](#) for more information.

3-6PM

Finished Compost Giveaway - In Person

Department of Public Works

327 Forest Hills St, Jamaica Plain

zerowaste@boston.gov

Click [here](#) for more information.

6-7PM

The Missing Stories: South Asian American History and Memory with SAADA - Virtual

Online event

communityhistory@bpl.org

Click [here](#) to register.

6-7:30PM

It's Tarot Time: A Tarot Comedy Show with Antonio Morales - In Person

BPL Roslindale

4246 Washington Street, Roslindale

(617) 323-2343

Click [here](#) to register.

FRIDAY, OCTOBER 9

10-11AM

Adult Collage and Crafting - In Person

BPL Hyde Park

35 Harvard Ave, Hyde Park

(617) 361-2524

Click [here](#) for more information.

This event repeats weekly.

10:30AM-12:30PM

ESOL Conversation Group for Ukrainian Speakers - In Person

BPL Central Library

700 Boylston St, Back Bay

(617) 859-2446

Click [here](#) to register.

11:30AM-1PM

Age Strong Rotating Memory Cafe - East Boston - In Person

BPL East Boston

365 Bremen St, East Boston

(617) 635-3745

Click [here](#) for more information.

12:30-1:30PM

Information Session for Adult English Learners - In Person

BPL Chinatown

2 Boylston St, Chinatown

(617) 859-2446

Click [here](#) for more information.

This event repeats weekly.

SATURDAY, OCTOBER 10

9:30AM-10:30AM

Tai Chi & Qigong - In Person

BPL Adams Street
690 Adams St, Dorchester
(617) 436-6900
Click [here](#) to register.
This event repeats weekly.

10-11:30AM

Chess Club (All Ages) - In Person

BPL Roslindale
4246 Washington Street, Roslindale
(617) 323-2343
Click [here](#) for more information.
This event repeats weekly.

10AM-12PM

Banned Book Read-In - In Person

BPL Central Library
700 Boylston St, Back Bay
readerservices@bpl.org
Click [here](#) for more information.

3-4:30PM

Queer Crafts and Book Club - In Person

BPL Faneuil
419 Faneuil St, Brighton
(617) 782-6705
Click [here](#) for more information.

SUNDAY, OCTOBER 11

MONDAY, OCTOBER 12

Indigenous Peoples' Day

City offices, Boston Public Libraries,
and BCYF Community Centers are
closed.

TUESDAY, OCTOBER 13

11AM-12PM

Latine Heritage Month Concert with Fred Springer - In Person

BPL Connolly
433 Centre St, Jamaica Plain
(617) 522-1960
Click [here](#) for more information.

11AM-1PM

Tech Help (By Appointment) - In Person

BPL Hyde Park
35 Harvard Ave, Hyde Park
(617) 361-2524
Click [here](#) for more information.
This event repeats weekly.

2-3PM

Adult Craft Time: Spider Web! - In Person

BPL North End
25 Parmenter St, North End
(617) 227-8135
Click [here](#) for more information.

3:30-5:30PM

Bike Repair Workshop with Boston Bikes - In Person

BPL South Boston
646 East Broadway, South Boston
(617) 268-0180
Click [here](#) for more information.

WEDNESDAY, OCTOBER 14

10AM-12PM

Age Strong Memory Cafe - Codman Square - In Person

BPL Codman Square
690 Washington Street, Dorchester
(617) 635-3745
Click [here](#) for more information.

10:30AM-12PM

Get Ready to Vote: Finding Reliable Sources and Fighting Misinformation this 2026 Election Season - In Person

BPL South Boston
646 East Broadway, South Boston
(617) 268-0180
Click [here](#) to register.

3:30-5:30PM

Free Bike Repair at BCYF Blackstone - In Person

BCYF Blackstone
50 West Brookline Street, South End
bostonbikes@boston.gov
Click [here](#) for more information.

6-7:30PM

Genealogy: The Adams Family - Virtual

Online event
(617) 536-5400
Click [here](#) to register

THURSDAY, OCTOBER 15

1:30-3PM

Puzzles & Jazz - In Person

BPL Mattapan
1350 Blue Hill Ave, Mattapan
(617) 298-9218
Click [here](#) for more information.

6-7PM

Beacon Hill Beyond Bulfinch: An Evening with Anthony Sammarco - In Person

BPL West End
151 Cambridge St, West End
(617) 523-3957
Click [here](#) to register.

6-7PM

Massachusetts Law: Spooky Law - Virtual

Online event
kschulenburg@bpl.org
Click [here](#) to register.

6-7:30PM

The History of Spiritualism in Boston - In Person

BPL Charlestown
179 Main St, Charlestown
(617) 242-1248
Click [here](#) for more information.

FRIDAY, OCTOBER 16

9AM-4:30PM

Connolly Puzzle Swap/Connolly Intercambio de Rompecabezas - In Person

BPL Connolly
433 Centre St, Jamaica Plain
(617) 522-1960
Click [here](#) for more information.

11AM-12PM

ESOL Conversation Group - In Person

BPL Faneuil
419 Faneuil St, Brighton
(617) 782-6705
Click [here](#) for more information.

1:30-3:30PM

West Roxbury Friday Matinée- In Person

BPL West Roxbury
1961 Centre St, West Roxbury
(617) 325-3147
Click [here](#) for more information.

2-4PM

Friday Films: Breakfast At Tiffany's (1961) - In Person

BPL North End

25 Parmenter St, North End

(617) 227-8135

Click [here](#) for more information.

SATURDAY, OCTOBER 17

10AM-12PM

Fiber Arts Club - In Person

BPL Jamaica Plain

30 South St, Jamaica Plain

(617) 524-2053

Click [here](#) for more information.

10AM-12PM

Citizenship Preparation Class - In Person

BPL Central Library

700 Boylston St, Back Bay

(617) 859-2446

Click [here](#) for more information.

11AM-12PM

Open Garden Hours at the Mattapan Branch- In Person

BPL Mattapan

1350 Blue Hill Ave, Mattapan

(617) 298-9218

Click [here](#) for more information.

11AM-12:15PM

Book Club Café - In Person

BPL Honan-Allston

300 North Harvard Street, Allston

(617) 787-6313

Click [here](#) for more information.

SUNDAY, OCTOBER 18

MONDAY, OCTOBER 19

1:30-2:30PM

City Voices: Finding Your Voice

Poetry Workshop Series - In Person

BPL Chinatown

2 Boylston St, Chinatown

(617) 807-8176

Click [here](#) for more information.

5-7PM

Write Your Memoir with Kim Kerrigan - In Person

BPL Codman Square

690 Washington St, Dorchester

(617) 436-8214

Click [here](#) to register.

4-5:30PM

Unraveling the News: Knitting and Crochet Conversation Circle - In Person

BPL Central Library

700 Boylston St, Back Bay

(617) 859-2000 ext. 4270

Click [here](#) to register.

5-7:30PM

Adult Craft Night: Wintry Fairytale Silk Painting Workshop - In Person

BPL Codman Square

690 Washington St, Dorchester

(617) 436-8214

Click [here](#) to register.

TUESDAY, OCTOBER 20

3:30-5:30PM

Bike Repair Workshop with Boston Bikes - In Person

BPL East Boston

365 Bremen St, East Boston

(617) 569-0271

Click [here](#) for more information.

4-5:30PM

Fun with Shakespeare - In Person

BPL Roslindale

4246 Washington Street, Roslindale

(617) 323-2343

Click [here](#) to register.

4:30-5:30PM

Belated Punk Rock Week: Drop-in Zine Making - In Person

BPL Parker Hill

1497 Tremont Street, Roxbury

(617) 427-3820

Click [here](#) to register.

5-6:30PM

Puzzles & Jazz - In Person

BPL Mattapan

1350 Blue Hill Ave, Mattapan

(617) 298-9218

Click [here](#) for more information.

WEDNESDAY, OCTOBER 21

12-1PM

Information Session for Adult English Learners- In Person

BPL Shaw-Roxbury

149 Dudley Street, Roxbury

(617) 859-2446

Click [here](#) for more information.

This event repeats weekly.

12-1:30PM

St. Vincent and the Grenadines Flag Raising - In Person

Boston City Hall

1 City Hall Square, Boston

bianca.rose@boston.gov

Click [here](#) for more information.

3:30-5:30PM

Bike Repair Workshop with Boston Bikes - In Person

BPL Mattapan

1350 Blue Hill Ave, Mattapan

(617) 298-9218

Click [here](#) to register.

5:30-7:30PM

Knitting & Crafts Circle - In Person

BPL Adams Street

690 Adams St, Dorchester

(617) 436-6900

Click [here](#) for more information.

This event repeats weekly.

THURSDAY, OCTOBER 22

6-7PM

Memory on Trial: Can We Trust What We Remember? - Virtual

Online event

ask@bpl.org

Click [here](#) for more information.

6-7:30PM

Clothing Swap With Zero Waste Boston - In Person

BPL Charlestown

179 Main St, Charlestown

(617) 242-1248

Click [here](#) for more information.

6-7:30PM

Researching Your Ancestors at State Institutions - Virtual

Online event

(617) 536-5400

Click [here](#) for more information.

6:30-7:45PM

Shut Up & Write! - In Person

BPL Brighton

40 Academy Hill Rd, Brighton

(617) 782-6032

Click [here](#) for more information.

FRIDAY, OCTOBER 23

9:30-10:30AM

ESOL Conversation Club - In Person

BPL Lower Mills

27 Richmond Street, Dorchester

(617) 298-7841

Click [here](#) for more information.

This event repeats weekly.

10-11AM

Adult Collage and Crafting - In Person

BPL Hyde Park

35 Harvard Ave, Hyde Park

(617) 361-2524

Click [here](#) for more information.

This event repeats weekly.

12-1PM

Support Group For Dementia Care Partners - In Person

BCYF Roslindale

6 Cummins Highway, Roslindale

(617) 635-3745

Click [here](#) for more information.

4:30-5:30PM

Belated Punk Rock Week: Smithereens - In Person

BPL Parker Hill

1497 Tremont Street, Roxbury

(617) 427-3820

Click [here](#) for more information.

SATURDAY, OCTOBER 24

9-11AM

Fall Bird Walk at Arnold Arboretum with Michael Bryant - In Person

BPL Jamaica Plain

30 South St, Jamaica Plain

(617) 524-2053

Click [here](#) to register.

9AM-5PM

Friends of the West Roxbury Branch Library: Used Book Sale - In Person

BPL West Roxbury

1961 Centre St, West Roxbury

(617) 325-3147

Click [here](#) for more information.

9:30AM-10:30AM

Tai Chi & Qigong - In Person

BPL Adams Street

690 Adams St, Dorchester

(617) 436-6900

Click [here](#) to register.

This event repeats weekly.

1-4PM

Intersex Awareness Day Documentary Screening & Discussion - In Person

BPL Roslindale

4246 Washington Street, Roslindale

(617) 323-2343

Click [here](#) for more information.

SUNDAY, OCTOBER 25

MONDAY, OCTOBER 26

10:30AM-12PM

Age Strong Memory Cafe - Jamaica Plain - In Person

BPL Jamaica Plain

30 South St, Jamaica Plain

(617) 635-3745

Click [here](#) for more information.

10:30AM-3:30PM

Medicare Open Enrollment Event - In Person

BPL Central Library

700 Boylston St, Back Bay

(617) 635-4366

Click [here](#) for more information.

11AM-12PM

**Gentle Yoga with Marianne Zullas
- In Person**

BPL Charlestown
179 Main St, Charlestown
(617) 242-1248
Click [here](#) to register.
This event repeats weekly.

5-7PM

**Write Your Memoir with Kim
Kerrigan - In Person**

BPL Codman Square
690 Washington Street, Dorchester
(617) 436-8214
Click [here](#) to register.

TUESDAY, OCTOBER 27

10:30AM-12PM

**English (ESOL) Conversation Group -
In Person**

BPL Honan-Allston
300 North Harvard Street, Allston
(617) 787-6313
Click [here](#) for more information.

10:30AM-12:30PM

Senior Quilting Group - In Person

BPL Codman Square
690 Washington Street, Dorchester
(617) 436-8214
Click [here](#) for more information.
This event repeats weekly.

11AM-12PM

**Origami Club at the West End
Library - In Person**

BPL West End
151 Cambridge St, West End
(617) 523-3957
Click [here](#) for more information.
This event repeats weekly.

11AM-1PM

**Tech Help (By Appointment) - In
Person**

BPL Hyde Park
35 Harvard Ave, Hyde Park
(617) 361-2524
Click [here](#) for more information.
This event repeats weekly.

WEDNESDAY, OCTOBER 28

12-1PM

**Information Session for Adult English
Learners- In Person**

BPL Shaw-Roxbury
149 Dudley Street, Roxbury
(617) 442-6186
Click [here](#) for more information.
This event repeats weekly.

3-5PM

Death Cafe - In Person

BPL Mattapan
1350 Blue Hill Ave, Mattapan
(617) 298-9218
Click [here](#) for more information.

4:30-5:30PM

JP Writers' Corner - In Person

BPL Jamaica Plain
30 South St, Jamaica Plain
(617) 524-2053
Click [here](#) for more information.
This event repeats biweekly.

6-7:15PM

**Intro to the Volunteer Lawyers for the
Arts (VLA) for Creatives - In Person**

BPL Central Library
700 Boylston St, Back Bay
(617) 536-5400
Click [here](#) for register.

THURSDAY, OCTOBER 29

6-7:45PM

Writing Your Personal Narrative - In Person

BPL Roslindale
4246 Washington Street, Roslindale
(617) 323-2343
Click [here](#) to register.

2:30-5:30PM

Chess and Checkers with Charlie - In Person

BPL Hyde Park
35 Harvard Ave, Hyde Park
(617) 361-2524
Click [here](#) for more information.
This event repeats weekly.

5:30-7:30PM

Oral History Live: Black Trans Boston - In Person

BPL Central Library
700 Boylston St, Back Bay
communityhistory@bpl.org
Click [here](#) for register.

6:30-7:45PM

Shut Up & Write! - In Person

BPL Brighton
40 Academy Hill Rd, Brighton
(617) 782-6032
Click [here](#) for more information.

FRIDAY, OCTOBER 30

10:30AM-12:30PM

ESOL Conversation Group for Ukrainian Speakers - In Person

BPL Central Library
700 Boylston St, Back Bay
(617) 859-2446
Click [here](#) to register.

11:30AM-12:30PM

Information Session for Adult English Learners - In Person

BPL East Boston
365 Bremen St, East Boston
(617) 859-2446
Click [here](#) for more information.

2-4PM

Horror of the 1900s: The Blair Witch Project (1999) - In Person

BPL Hyde Park
35 Harvard Ave, Hyde Park
(617) 361-2524
Click [here](#) for more information.
This event repeats weekly.

2-4PM

Friday Films: The Incredible Shrinking Man (1957) - In Person

BPL North End
25 Parmenter St, North End
(617) 227-8135
Click [here](#) for more information.

FRIDAY, OCTOBER 31

10AM-12PM

Yarn & Craft Supply Swap - In Person

BPL Jamaica Plain
30 South St, Jamaica Plain
(617) 524-2053
Click [here](#) for more information.

10AM-12PM

Citizenship Preparation Class - In Person

BPL Central Library
700 Boylston St, Back Bay
(617) 859-2446
Click [here](#) to register.

1:30-3:30PM

**West Roxbury Halloween Matinée -
In Person**

BPL West Roxbury
1961 Centre St, West Roxbury
(617) 325-3147

Click [here](#) for more information.

5-6PM

Puzzles & Jazz - In Person

BPL Mattapan
1350 Blue Hill Ave, Mattapan
(617) 298-9218

Click [here](#) for more information.

Please visit other City departments & our partners for additional activities:

bostonabcd.org/events

617-348-6239

ebsocialcenters.org/active-adults

617-569-3221

ethocare.org/healthy-aging-classes

617-477-6616

ethocare.org/services/

617-477-6616

fw4elders.org/what-we-do

617-482-1510

gbcgac.org/#services-and-programs

617-357-0226

hearth-home.org/events

617-369-1550

ibaboston.org/events

617-927-1707

kennedycenter.org/event-calendar

617-241-8866

laalianza.org/contact-us

617-427-7175

mabvi.org/services/assistive-technology

888-613-2777

operationpeaceboston.org/eventsnews

617-267-1054

sbnh.org/senior-services

617-268-1619

vietaid.org

617-822-3717

ymcaboston.org/events

617-927-8060

bpl.org/events

617-536-5400

boston.gov/events

3-1-1

AGE+



City of Boston
Age Strong Commission

**Get the Best Health Insurance
& Prescription Drug Coverage!**
assess your Medicare & prescription plan annually

2026 MEDICARE OPEN ENROLLMENT CLINICS



OCT. 15-DEC. 7

The annual Medicare Open Enrollment period runs October 15 through December 7. Older adults on Medicare should speak with a certified SHINE (Serving Health Insurance Needs for Everyone) counselor every year to get the best health insurance & prescription drug coverage.

**CALL 617-635-4366 FOR AN IN-PERSON APPOINTMENT AT
NEIGHBORHOOD OPEN ENROLLMENT CLINICS**

**OR TO SPEAK TO A COUNSELOR BY PHONE CALL
AGE STRONG AT 617-635-4366 OR ETHOS AT 617-522-6700**

Boston Medicare Open Enrollment Collaborative



THURSDAY 10/1

10:30AM: Stretching & Exercise

11AM: Bollywood Dance

12PM: Senior Sound Bath

TUESDAY 10/6

10AM: Comedy Class

11AM: Chair Yoga

12PM: Art Therapy

THURSDAY 10/8

10:30AM: Stretching & Exercise

11AM: Bollywood Dance

12PM: Senior Sound Bath

TUESDAY 10/13

10AM: Comedy Class

11AM: Chair Yoga

12PM: Art Therapy

THURSDAY 10/15

10:30AM: Stretching & Exercise

11AM: Bollywood Dance

12PM: Senior Sound Bath

TUESDAY 10/20

10AM: Comedy Class

11AM: Chair Yoga

12PM: Art Therapy

THURSDAY 10/22

10:30AM: Stretching & Exercise

11AM: Bollywood Dance

12PM: Senior Sound Bath

TUESDAY 10/27

10AM: Comedy Class

11AM: Chair Yoga

12PM: Art Therapy

THURSDAY 10/29

10:30AM: Stretching & Exercise

11AM: Bollywood Dance

12PM: Senior Sound Bath

SPONTANEOUS CELEBRATIONS

October 2026 Schedule

45 Danforth St, Jamaica Plain | 617-821-2357

CITY of BOSTON



AGE+ | Age Strong
Commission



TUESDAY 10/6

10AM: Round
Table Talk

10AM: Quilt Club

10:30AM: Chair Yoga

THURSDAY 10/8

10AM: Round
Table Talk

10AM: Quilt Club

10:30AM: Tai Chi

TUESDAY 10/13

10AM: Round
Table Talk

10AM: Quilt Club

10:30AM: Chair Yoga

THURSDAY 10/15

10AM: Quilt Club

10:30AM: Tai Chi

TUESDAY 10/20

10AM: Round
Table Talk

10AM: Quilt Club

10:30AM: Chair Yoga

THURSDAY 10/22

10AM: Round
Table Talk

10AM: Quilt Club

10:30AM: Tai Chi

TUESDAY 10/27

10AM: Round
Table Talk

10AM: Quilt Club

10:30AM: Chair Yoga

THURSDAY 10/29

10AM: Round
Table Talk

10AM: Quilt Club

10:30AM: Tai Chi



CODMAN SQUARE BRANCH *October 2026 Schedule*

BOSTON PUBLIC
LIBRARY

690 Washington St., Dorchester | 617-436-8214

CITY of BOSTON



BOSTON
PUBLIC
LIBRARY

AGE+ | Age Strong
Commission



THURSDAY 10/1

9AM: Morning
Coffee

10AM: Arts & Crafts

11:30AM: Lunch

12PM: Chair Yoga

TUESDAY 10/6

9AM: Morning
Coffee

10AM: Arts & Crafts
- Crocheting

11:30AM: Lunch

11AM: Wellness
Tai Chi

THURSDAY 10/8

9AM: Morning
Coffee

10AM: Arts & Crafts

11:30AM: Lunch

12PM: Chair Yoga

TUESDAY 10/13

9AM: Morning
Coffee

10AM: Arts & Crafts
- Crocheting

11:30AM: Lunch

11AM: Wellness
Tai Chi

THURSDAY 10/15

9AM: Morning
Coffee

10AM: Arts & Crafts

11:30AM: Lunch

12PM: Chair Yoga

TUESDAY 10/20

9AM: Morning
Coffee

10AM: Arts & Crafts
- Crocheting

11:30AM: Lunch

11AM: Wellness
Tai Chi

THURSDAY 10/22

9AM: Morning
Coffee

10AM: Arts & Crafts

11:30AM: Lunch

12PM: Chair Yoga

TUESDAY 10/27

9AM: Morning
Coffee

10AM: Arts & Crafts
- Crocheting

11:30AM: Lunch

THURSDAY 10/29

9AM: Morning
Coffee

10AM: Arts & Crafts

11:30AM: Lunch

12PM: Chair Yoga

UNION CHURCH

Key:

■: Connection Center

■: Cooper Hall

October 2026 Schedule

485 Columbus Ave., South End | 617-635-6835

CITY of BOSTON



UNION
COMBINED PARISH

AGE+

Age Strong
Commission



FRIDAY 10/2

10AM: Round Table
Talk

10:30AM: Ageless
Grace

11:30AM: Stretching
12PM: Board Games

WEDNESDAY 10/7

10AM: Round Table
Talk

10:30AM: Chair Yoga

11:30AM: Arts &
Craft

FRIDAY 10/9

10AM: Round Table
Talk

10:30AM: Ageless
Grace

11:30AM: Stretching
12PM: Board Games

WEDNESDAY 10/14

10AM: Round Table
Talk

10:30AM: Chair Yoga

11:30AM: Arts &
Craft

FRIDAY 10/16

10AM: Round Table
Talk

10:30AM: Ageless
Grace

11:30AM: Stretching
12PM: Board Games

WEDNESDAY 10/21

10AM: Round Table
Talk

10:30AM: Chair Yoga

11:30AM: Arts &
Craft

FRIDAY 10/23

10AM: Round Table
Talk

10:30AM: Ageless
Grace

11:30AM: Stretching
12PM: Board Games

WEDNESDAY 10/28

10AM: Round Table
Talk

10:30AM: Chair Yoga

11:30AM: Arts &
Craft

FRIDAY 10/30

10AM: Round Table
Talk

10:30AM: Ageless
Grace

11:30AM: Stretching
12PM: Board Games

HOLLAND COMMUNITY CENTER *October 2026 Schedule*

85 Olney Street, Dorchester | 617-821-2357

CITY of BOSTON



AGE+

Age Strong
Commission



WEDNESDAY 10/14

Indigenous

People's Day

NO

PROGRAMMING

WEDNESDAY 10/28

10AM: Coffee & Tea

11AM: Line Dancing

12PM: Free Time

1PM: Sewing

12PM: Free Time

2PM: Dewitt Family Feud/Board Games

1PM: Chair Yoga

2PM: Dewitt Family Feud/Board Games

CITY of BOSTON



Age Strong
Commission